

# Unit 5: Galatians, Ephesians, Philippians

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# Week 1: The Sound Gospel

**Title:** Defending the gospel / No return to the Law

## **Objective:**

- Review God's calling to St Paul
- Explain how St Paul consulted with the Apostles regarding his preaching
- How the Holy Spirit works in each of us according to His purpose
- St Paul confronts St Peter regarding the Judaizers

## **Resources:**

- [Catena Bible Commentary](#)
- [HEMY Bible Study\(Includes material\)](#)
- [Fr Dawoud Lamie's Bible study \(Easy Arabic\)](#)
- [Fr Tadros Y Malaty commentary](#)

## **Reading:**

- General
  - Galatians 1:1-10 (Do not believe any other gospel)
  - Galatians 1:1-17 (God calls St Paul to the apostleship)
  - Galatians 1:18-24 (St Paul - even as an Apostle, goes to Jerusalem to verify that his preaching is sound)
  - Galatians 2:1-10 (Defending the Gospel / The Holy Spirit works in each one according to His purpose)
  - Galatians 2:11-21 (St Paul confronts St Peter regarding the Judaizers)

## **Key verse(s):**

- " I have been crucified with Christ; it is no longer I who live, but Christ lives in me"  
Galatians 2:20

## **Comments:**

## **Review questions:**

Chapter1

- What was St. Paul's former conduct before he became Christian?
- What did the Churches of Judea hear about St. Paul?
- What was the origin of the Gospel St. Paul preached?

- Prove that St. Paul was a devout Jew.

## Chapter 2

- Was St Paul teaching a different Gospel than the Apostles?
- What did St. Paul blame St. Peter for?
- Were there two Gospels one for the uncircumcised and one for the circumcised? Explain.
- Why was St. Paul upset with St. Peter?

## **Homework:**

### Chapter1

- Why did the Lord Jesus Christ give Himself for our sins?
- From where did St. Paul receive the Gospel he preached?
- This letter of St. Paul was written to the churches of a) Ephesus b) Laodicea c) Galatia
- How long did St. Paul stay with St. Peter? A) 5 days b) 10 days c) 15 days

### Chapter 2

- Who went with St. Paul to Jerusalem? A) Barnabas b) Titus c) Barnabas and Titus
- Who seemed to be the pillars of the church?  
a) St. James b) Cephas c) St. John d) all of the above
- Who went with St. Paul to Jerusalem?
- Who were the pillars of the Church as described by St. Paul?

# Week 2: Sons and Heirs Through Christ

**Title:** Sons and Heirs Through Christ

**Objective:**

- Salvation is made true by the Lord Jesus not by the Law
- The purpose of the law according to St Paul
- Therefore you are no longer slaves but sons
- St Paul fears for the church in Galatia and reasons with them
- Abraham's sons as a symbol of the two covenants

**Resources:**

- [Catena Bible Commentary](#)
- [HEMY Bible Study\(Includes material\)](#)
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**Reading:**

- General
  - Galatians 3
  - Galatians 4

**Key verse(s):**

- "For as many of you as were baptized into Christ have put on Christ." Galatians 3:27

**Comments:**

**Review questions:**

Chapter 3

- Who was the first person to get the promise that God will justify the Gentiles? What was the condition for that?
- What was the role of the law?

- What is the “law” mentioned many times in this Epistle? And what is the curse of the law that the Lord Jesus Christ redeemed us from?
- Why was the law given?

#### Chapter 4

- What happened in the fullness of time?
- What is sometimes the result of telling the truth? Give verse.
- What is the fullness of time?
- What do Hagar and the freewoman (Sarah) symbolize?



#### Homework:

#### Chapter 3

- Who is the seed St. Paul is talking about?
- What is the time difference between God’s promise to Abraham and the law?
- The law came how many years after Abraham? A) 30 b) 50 c) 430
- Therefore the law was our \_\_\_\_\_ to bring us to Christ, that we might be justified by \_\_\_\_\_.
- Who is the seed St. Paul is talking about?
- What is the time difference between God’s promise to Abraham and the law?

#### Chapter 4

- But when the fullness of the \_\_\_\_\_ had come, God sent forth His \_\_\_\_\_
- And because you are \_\_\_\_\_, God has sent forth the Spirit of His Son into your hearts, crying out, "\_\_\_\_\_!"
- When did God send forth His son?
- Who cries out “Abba, Father?”

# Week 3: Walk in the Spirit

**Title:** Walk in the Spirit

**Objective:**

- In the New Testament we are freed from fulfilling the Law (Mosaic Law)
- Use this liberty to grow spiritually and live according to the Lord's commandments
- Walk in the Spirit - discuss the works of the flesh and how to overcome them
- Discuss the Fruit of the Spirit - how to attain them and how to apply them in our lives
- Bear with one another

**Resources:**

- [Catena Bible Commentary](#)
- [HEMY Bible Study\(Includes material\)](#)
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**Reading:**

- General
  - Galatians 5
  - Galatians 6

**Key verse(s):**

- "Walk in the Spirit, and you shall not fulfill the lust of the flesh." Galatians 5:16

**Comments:**

**Review questions:**

Chapter 5

- How should we use our liberty?
- Give examples of the works of the flesh.
- For the flesh lusts against the Spirit, and the Spirit against the flesh. Explain
- St. Paul tells us three ways to function in the Spirit of God. What are they and what results come out of this guidance?

Chapter 6

- What is “the Law of Christ” in verse 3?
- What does St. Paul mean by “the marks of the Lord Jesus?”
- What deceptions does St. Paul warn the Galatians not to fall into?
- What contrast does St. Paul show between the Jews and himself?

### Homework:

#### Chapter 5

- For all the \_\_\_\_\_ is fulfilled in one word, even in this: "You shall \_\_\_\_\_ your neighbor as \_\_\_\_\_."
- But the fruit of the \_\_\_\_\_ is love, joy, \_\_\_\_\_, longsuffering, kindness, \_\_\_\_\_, faithfulness, gentleness, self-control.
- How should we use our liberty?
- What is the fruit of the Spirit?

#### Chapter 6

- He who sows to the Spirit will of the \_\_\_\_\_ reap \_\_\_\_\_.
- But God forbid that I should boast except in the \_\_\_\_\_ of our Lord Jesus \_\_\_\_\_.
- The one who sows with the Spirit what will he reap?
- To whom should we do good?

# Week 4: The Mystery of Christ

**Title: The Mystery of Christ**

**Objective:**

- We are redeemed through Christ, predestined through His work of salvation (Briefly explain predestination from the fathers teaching)
- Characteristics of the heavenly wisdom
- Christ is our peace and cornerstone
- The mystery of Christ is the call of the Gentiles to partake of the inheritance and to obtain the promises in Christ through the Gospel.

**Resources:**

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**Reading:**

- Read Eph 1:1-14
  - First objective
- Read Eph 1:15-22
  - Second objective
- Read Eph 2:1-13
  - First objective - explain that "works" refer to works of the law
- Read Eph 2:14-22
  - Third objective - Living with Christ bring peace to my life
- Read Eph 3
  - Fourth objective

**Key verse(s):**

- " Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us" Ephesians 3:20

**Comments:**

**Review questions:**

**Chapter 1**

1. What blessings have we received that pertain especially to the Son?
2. What is the church in relation to Christ?
3. The word predestined is mentioned more than once in this Chapter. Does this mean that we do not have free will?
4. "Purchased possession" What is Paul talking about?

## Chapter 2

1. What was our condition outside of Christ?
2. What was the Gentiles' condition outside of Christ?
3. How has Jesus become "our peace" through His death on the cross?
4. Give verse that mentions the Trinity.

## Chapter 3

1. What is the "mystery" that has now been revealed?
2. Though viewing himself as "less than the least of all the saints", what gracious task was given to St Paul?
3. What has Christ therefore made possible for us?

## Homework:

### Chapter 1

1. Blessed be the God and Father of our Lord Jesus Christ, who has \_\_\_\_\_ us with every \_\_\_\_\_ blessing in the \_\_\_\_\_ places in \_\_\_\_\_
2. We were sealed with the \_\_\_\_\_

### Chapter 2

1. For by \_\_\_\_\_ you have been saved through \_\_\_\_\_, and that not of yourselves; it is the \_\_\_\_\_ of God,
2. For through \_\_\_\_\_ we both have access by one \_\_\_\_\_ to the Father.

### Chapter 3

1. Who revealed God's mystery to the holy Apostles and the Prophets?  
a) The Gospel b) The Spirit c) the priests d) St. Paul
2. Therefore I ask that you do not lose \_\_\_\_\_ at my \_\_\_\_\_ for you, which is your \_\_\_\_\_

# Week 5: The Practical life of the Church

**Title: The Practical life of the Church**

**Objective:**

- Unity and respecting talents
- Worship and behavior
- Practical life and spiritual strife

**Resources:**

- [Catena Bible Commentary](#)
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**Reading:**

- Read Eph 4:1-6
  - How we should deal with each other as family (we pray it every morning)
- Read Eph 4:7-16
  - Each of us has a gift - the goal is One
- Read Eph 4:17-24
  - We ought to live according to our calling
- Read Eph 4:25-32
  - How we should deal with each other as family
- Read Eph 5:1-21
  - Same theme as above
- Read 5:22-33
  - Christian marriage - Christ and the Church
- Read Eph 6:1-9
  - Same theme as above
- Read Eph 10-20
  - The whole Armor of God

**Key verse(s):**

- " do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption." Ephesians 4:30

## Comments:

## Review questions:

### Chapter 4

1. Verses 1-6 are part of a prayer in our Coptic church. Which prayer and when do we recite it?
2. What sort of things are we to put away and what sort of things should we be doing instead?
3. Now this, "He ascended"; what does it mean but that He also first descended into the lower parts of the earth?
4. "Be angry, and do not sin" Is it OK to be angry?

### Chapter 5

1. Why did Jesus love and give Himself for the church?
2. What is Paul's summation regarding marital responsibilities?
3. What are the Christians' responsibilities mentioned in this chapter?
4. What is either the means or the evidence of one filled with the Spirit?

### Chapter 6

1. List the armor of God.
2. What else more important should we add to this armor?
3. List the armor of God.
4. What is praying in the Spirit?

## Homework:

### Chapter 4

1. There is one body and one \_\_\_\_\_, just as you were called in one \_\_\_\_\_ of your calling; one Lord, one \_\_\_\_\_, one \_\_\_\_\_; one God and Father of all
2. "Be \_\_\_\_\_, and do not sin": do not let the \_\_\_\_\_ go down on your wrath.

### Chapter 5

1. Therefore be \_\_\_\_\_ of God as dear children. and walk in \_\_\_\_\_, as Christ also has loved us and given \_\_\_\_\_ for us,
2. For the husband is \_\_\_\_\_ of the wife, as also \_\_\_\_\_ is head of the church; and He is the \_\_\_\_\_ of the body.

### Chapter 6

1. Children, obey your \_\_\_\_\_ in the \_\_\_\_\_, for this is \_\_\_\_\_

2. Put on the whole \_\_\_\_\_ of God, that you may be able to \_\_\_\_\_ against the wiles of the \_\_\_\_\_

# Week 6: Rejoice in the Lord

**Title: Rejoice in the Lord**

**Objective:**

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**Resources:**

- [Catena Bible Commentary](#)
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**Reading:**

- Chapter 1
  - Read Phil 1:1-11
    - Thankfulness and prayer
  - Read Phil 1:12-18
    - Christ is preached either way
  - Read Phil 1:19-26
    - St Paul's dilemma
  - Read Phil 1:27-29
    - Witness to Christ by your conduct
- Chapter 2
  - Read Phil 2:1-11
    - Unity through humility
  - Read Phil 2:12-18
    - Workout your own salvation
  - Read Phil 2:19 - end
    - Timothy and Epaphroditus
- Chapter 3
  - Read Phil 3:1-11
    - Nothing compares with Christ
  - Read Phil 3:12-16
    - Focus on your goal
  - Read Phil 3:17-end
    - Enemies of the Cross
- Chapter 4
  - Read Phil 4:1-7

- Example for needed unity
- Read Phil 4:8-9
  - Be positive
- Phil 4:10-end
  - The Philippians generosity

**Key verse(s):**

- Rejoice in the Lord always. Again, I say rejoice." Philippians 4:4

**Comments:**

**Review questions:**

**Chapter 1**

1. What is the dilemma that St. Paul describes in verses 23-24?
2. Find verses to prove that St. Paul was in prison while writing this Epistle.
3. Does St. Paul feel his present condition is somewhat of a stumbling block for him?

**Chapter 2**

1. What must one do in order to follow St. Paul's teachings and make him joyful?
2. As children of God, how should you perform tasks to please God?
3. Why does St. Paul compare himself to a drink offering?
4. What have been the results of the voluntary humiliation of the Lord Jesus Christ: from God and from created things?

**Chapter 3**

1. Who are the enemies of the Holy Cross of the Lord Jesus Christ and what will happen to them?
2. What is the path in attaining the gift of citizenship and what changes are there in gaining the citizenship of Heaven?
3. "That I may know Him and the power of His Resurrection." Explain.
4. "Who will transform our lowly body that it may be conformed to His glorious body?" Explain

**Chapter 4**

1. What kind of things does St. Paul say to meditate upon?
2. How does St. Paul describe the donations sent by the Philippians?
3. What is the irony of St Paul saying, "Rejoice in the Lord. Again I will say rejoice."?
4. Cite verses showing the generosity of the Philippians.

**Homework:**

## Chapter 1

1. "For to me, to live is \_\_\_\_\_ and to die is \_\_\_\_\_."
2. "I pray your \_\_\_\_\_ may abound still more and more in \_\_\_\_\_ and all discernment"
3. Mention two ranks of the holy orders of the Church that are mentioned in this chapter.
4. What did St. Paul say he was praying for?

## Chapter 2

1. Who is St. Paul planning to send to Philippi?  
a) St. Timothy b) St. Peter c) Onesimus d) St. John
2. Do all things without \_\_\_\_\_ and \_\_\_\_\_.
3. How would the Philippians fulfill St. Paul's joy?
4. Who does St. Paul use as examples of humility?

## Chapter 3

1. St. Paul was of the tribe of a) Judah b) Joseph c) the Lord Jesus Christ d) Benjamin
2. "But what things were a \_\_\_\_\_ to me, these I have counted as a \_\_\_\_\_ for Christ."
3. St. Paul was from which tribe of Israel?
4. What will be the end of the enemies of the Holy Cross of the Lord Jesus Christ?

## Chapter 4

1. Rejoice in the \_\_\_\_\_ always. Again I will say, \_\_\_\_\_.
2. I can do all \_\_\_\_\_ through \_\_\_\_\_ who \_\_\_\_\_ me.
3. What does St. Paul implore Euodia and Syntyche to be?
4. Find a verse that tells us we should do everything with prayer.