

# Week 3: Walk in the Spirit

**Title:** Walk in the Spirit

**Objective:**

- In the New Testament we are freed from fulfilling the Law (Mosaic Law)
- Use this liberty to grow spiritually and live according to the Lord's commandments
- Walk in the Spirit - discuss the works of the flesh and how to overcome them
- Discuss the Fruit of the Spirit - how to attain them and how to apply them in our lives
- Bear with one another

**Resources:**

- Catena Bible Commentary
- HEMY Bible Study(Includes material)
- Fr Dawoud Lamie's Bible study (Easy Arabic)
- Fr Tadros Y Malaty commentary

**Reading:**

- General
  - Galatians 5
  - Galatians 6

**Key verse(s):**

- "Walk in the Spirit, and you shall not fulfill the lust of the flesh." Galatians 5:16

**Comments:**

**Review questions:**

Chapter 5

- How should we use our liberty?
- Give examples of the works of the flesh.
- For the flesh lusts against the Spirit, and the Spirit against the flesh. Explain
- St. Paul tells us three ways to function in the Spirit of God. What are they and what results come out of this guidance?

Chapter 6

- What is “the Law of Christ” in verse 3?
- What does St. Paul mean by “the marks of the Lord Jesus?”
- What deceptions does St. Paul warn the Galatians not to fall into?
- What contrast does St. Paul show between the Jews and himself?

## Homework:

### Chapter 5

- For all the \_\_\_\_\_ is fulfilled in one word, even in this: "You shall \_\_\_\_\_ your neighbor as \_\_\_\_\_."
- But the fruit of the \_\_\_\_\_ is love, joy, \_\_\_\_\_, longsuffering, kindness, \_\_\_\_\_, faithfulness, gentleness, self-control.
- How should we use our liberty?
- What is the fruit of the Spirit?

### Chapter 6

- He who sows to the Spirit will of the \_\_\_\_\_ reap \_\_\_\_\_.
- But God forbid that I should boast except in the \_\_\_\_\_ of our Lord Jesus \_\_\_\_\_.
- The one who sows with the Spirit what will he reap?
- To whom should we do good?

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