

# Week 6: God saves His people

## God saves His people - Exodus 16-18

### Objective:

- The Bread from Heaven
- God's mighty hand is seen clearly in Chapter 14
- Chapter 15 is the first canticle in the Midnight praises

### Resources:

- [Fr Tadros Y Malaty Commentary](#)
- [Catena Bible Commentary](#)
- [Fr Dawoud Lamie Bible study \(Arabic\)](#)

### Reading:

- ◦ Exodus 16: 9-31
- ◦ Exodus 17: 1-16
- ◦ Exodus 18: 13-27

### Key verse(s):

- "And so it was, when Moses held up his hand, that Israel prevailed; and when he let down his hand, Amalek prevailed" Exodus 17:11

### Comments:

- People were hungry so God send them Manna and Quail
- People did not know what the Manna was, so they started asking each other "What is it?". "What is it?" in Hebrew is the same as Manna.
- God told them to rise early to eat (god wants them to be proactive by getting up early). They can't keep any of it as God wants to teach them to have faith in Him. They can only keep twice on the sixth day as God asked them to keep some for the seventh day. This is for them to watch God's day.
- Our Lord Jesus Christ told his people that He is the Manna that came down from Heaven for us.
  - They asked for bread like Moses gave the people
  - But Our Lord told them they ate the Manna and died. But who eats My Body will have eternal life. (John 6)

- Exodus 17: we see Moses getting tired of the people continuously complaining. God is patient with him and the people.
- Exodus 17:11: shows that the victory of people is through the sign of the Cross.
- Exodus 18: Even though Moses was a great prophet and God's man, he did not hesitate to take Jethro's advice. He was a humble man and didn't hesitate to implement a good idea that came from someone else (even though Moses was the leader).
- We also see Moses' humility in spending a lot of time listening to the people and in honoring his father-in-law.

### **Review/recap questions:**

*\*\*Servant may add more questions*

1. What are the instructions God gave for the Manna?
2. What are the two miracles in chapter 17?
3. What was the advice given to Moses in chapter 18?

### **Homework:**

*\*\*Servant may add more questions*

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1. The Manna used to come down every day. (T/F)
2. God gave them \_\_\_\_\_ and \_\_\_\_\_ to eat, and \_\_\_\_\_ from a rock.
3. What was the sign Moses did so that the Israelites can defeat the Amalek?
4. \_\_\_\_\_ and \_\_\_\_\_ held Moses' hands when he felt weary.

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